



THE ZOE REPORT

How Can You Treat Back Acne & Scarring?

When I went to Dr. Alexiades for my follow-up appointment she was shocked. “We hit a home run!” she told me. While we’d discussed lasers as part of my treatment, she decided, in the end, that I didn’t need them. But they can be effective in treating more stubborn scarring, specifically a new laser called AviClear. [Ed note: Dr. Alexiades is the lead author on the upcoming publication regarding AviClear’s FDA approval.]

“AviClear is a 1726 nm device that actually destroys sebaceous glands with an Accutane-like effect, with the added benefit of scarless wound healing,” she says. “What is most impressive is that the cysts heal without scarring, and the device appears to remove acne scars while it treats.” Other treatments for scars include fillers for indented scars and [fractional laser resurfacing](#).



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